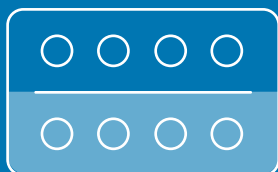


# MediReview™ by MediTelecare™

## Behavioral Health Risk Assessment

The MediReview™ is a risk assessment tool that identifies residents who may suffer from behavioral health symptoms and would benefit from MediTelecare's services.

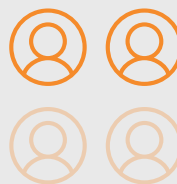


# 50%

less antipsychotic use in MediTelecare residents than the 2019 National average<sup>1</sup>

# 49%

of nursing home residents are diagnosed with depression<sup>2</sup>



Approximately **50%** of residents assessed with MediTelecare's MediReviews™ have diagnoses/medications/symptoms that suggest the need for behavioral health services.

### MediReview™ Benefits

- 📶 Optimize your preventative behavioral health care
- 📶 Identify residents that may be at risk for negative behavioral health outcomes, including:
  - Medication side effects
  - Hospitalization
  - Acute exacerbation of symptoms
  - Fear and loneliness
- 📶 Proactively identify screening tools that residents may need to increase positive outcomes:
  - Post-Traumatic Stress Disorder
  - Neurocognitive Screenings



### With MediReview™, Facilities Can:

- 📶 Access risk assessment tools with no additional cost
- 📶 Identify PDPM (Patient Driven Payment Model) opportunities
- 📶 Improve state survey results

## How We Assess Your Residents

MediTelecare's team reviews and evaluates resident charts using clinical criteria and a system of risk scoring to provide an overall behavioral health risk score per resident.

### Example Report – Behavioral Health Risk Assessment

Patient Name: Example Report      Date: 7/1/19      MRN: 0000		Score
Criteria		
Diagnosis	Any behavioral health condition Dementia/Alzheimer's Neurological Conditions (i.e. Parkinson's Disease, Stroke, Restless leg syndrome, ALS, Huntington's Disease, which may have accompanying mood, cognitive or behavioral disturbances)	3 <input checked="" type="checkbox"/> 2 <input checked="" type="checkbox"/> 1 <input type="checkbox"/>
Symptoms	i.e. Anxiety, moodiness, agitation, anger, change in cognition, cognitive impairment, social withdrawal, isolation, weight loss, sleep or appetite disturbances, lack of self care, suicidal ideations, noncompliance, sexually inappropriate behaviors, change in mental status, relationship difficulties, adjustment difficulties	3 <input type="checkbox"/>
Psychotropic Medications	Antipsychotics Anti-anxiety/Hypnotics All other psychotropic medications	3 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 2 <input checked="" type="checkbox"/>
BIMS Score	Total score of ≤12 indicating moderately impaired (08-12) to severely impaired (00-07)	2 <input checked="" type="checkbox"/>
PHQ-9 Score for Depression	Total score >5 indicating depressive symptoms	2 <input checked="" type="checkbox"/>
PTSD Screening	No presence of PTSD screening or a positive screening	2 <input type="checkbox"/>
		<b>Total Score = 13</b>

## MediReview™ Sample

Each MediReview™ offers a comprehensive individual resident report and facility summary report highlighting residents' level of behavioral health risk.

### Example Report - Behavioral Health Risk Summary

Name	Risk	Diagnosis	Medications	Notes
Example Patient (MRN)	High Risk	Parkinson's Disease, visual hallucinations, anxiety disorder, unspecified, unspecified dementia with behavioral disturbance	Quetiapine, melatonin, sinemet	May benefit from further evaluation and is on an antipsychotic medication with visual hallucinations listed in diagnoses
Example Patient (MRN)	High Risk	Major depressive disorder, recurrent, moderate, Anxiety disorder, unspecified, Trichotillomania	Risperidone, sertraline	Resident may benefit from further evaluation for psychiatric conditions
Example Patient (MRN)	High Risk	Dementia with behavioral disturbance, major depressive disorder	Mirtazapine, Depakote	Social services note checks off physical and verbal behavioral symptoms directed towards others, may benefit from further evaluation
Example Patient (MRN)	Moderate Risk	Alzheimer's disease, anxiety disorder	No psychotropic medications	May benefit from further evaluation for Alzheimer's disease
Example Patient (MRN)	Moderate Risk	Major depressive disorder, Dementia	Escitalopram	May benefit from further evaluation for depression and anxiety
Example Patient (MRN)	Moderate Risk	Dementia without behavioral disturbance	Donepezil, Depakote	Resident may benefit from further evaluation of Dementia
Example Patient (MRN)	Potential Risk	Dementia, major depressive disorder, single episode	No psychotropic medications	Resident currently under hospice care, MediTelecare medication management may be of benefit if there are behavioral concerns
Example Patient (MRN)	Potential Risk	No psychiatric conditions	No psychotropic medications	BIMS was 8 indicating moderate cognitive impairment, please refer if there are continued cognitive concerns
Example Patient (MRN)	Risk Not Identified At This Time	No psychiatric conditions	No psychotropic medications	Please refer if there are any behavioral concerns

1. The Centers for Medicare & Medicaid Services (CMS). (Oct. 2019). [www.cms.gov/files/document/antipsychotic-medication-use-data-report-updated-01242020.pdf](http://www.cms.gov/files/document/antipsychotic-medication-use-data-report-updated-01242020.pdf).
2. QuickStats: Percentage of Users\* of Long-Term Care Services with a Diagnosis of Depression. (2014). <https://www.cdc.gov/mmwr/preview/mmwrhtml/mm6304a7.htm>